



# VIRGINIA DEFENSE FORCE

## VDF 104: Uniform Wear and Inspection



# VDF 104 Purpose

***Action: Discuss Virginia Defense Force (VDF) uniform appearance and wear for basic and formal activities***

***Conditions: Interactive classroom***

***Standard: Be able to explain the Virginia Defense Force uniform appearance***

- **\*SILENCE CELLPHONES**
- **\*50/10 TIMEKEEPER**
- **\*SIGN IN FOR CREDIT**
- **\*TESTABLE**
- **\*SAFETY BRIEF**





# Course Objectives

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**At the completion of this period of instruction, you should be familiar with the following:**

- **Describe the grooming standards for male and female soldiers**
- **Understand and be able to inspect VDF uniform appearance**
- **Define the regulation of accoutrements, and describe placement of all insignia and patches**



# Section I: Grooming Standards



# Image



- Project a **military image**
  - Uniforms will be fitted, cleaned, and pressed
    - No dangling threads
  - Articles do not protrude from pockets
    - Consider pens
  - No items attached to belt or beltloops
    - Includes cell phones, knives, etc.
  - Uniforms kept buttoned as designed
  - Boots will be cleaned and brushed



# Men's Hair



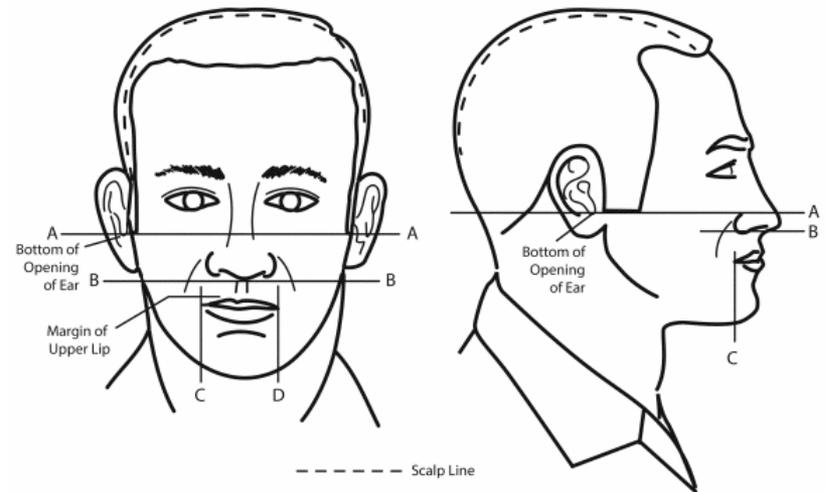
- **Men's hair:**
  - **Neatly trimmed on top of the head**
  - **No hair hanging over ears, down past eyebrows, or touching the collar**
  - **Hair does not interfere with headgear or PSE masks**
  - **No braids, cornrows, or dreadlocks**



# Men's Hair



- **Men's sideburns:**
  - **Neatly trimmed and not flared**
  - **Base is clean-shaven, horizontal line**
  - **Not below exterior ear opening**
  - **The face will be clean-shaven**

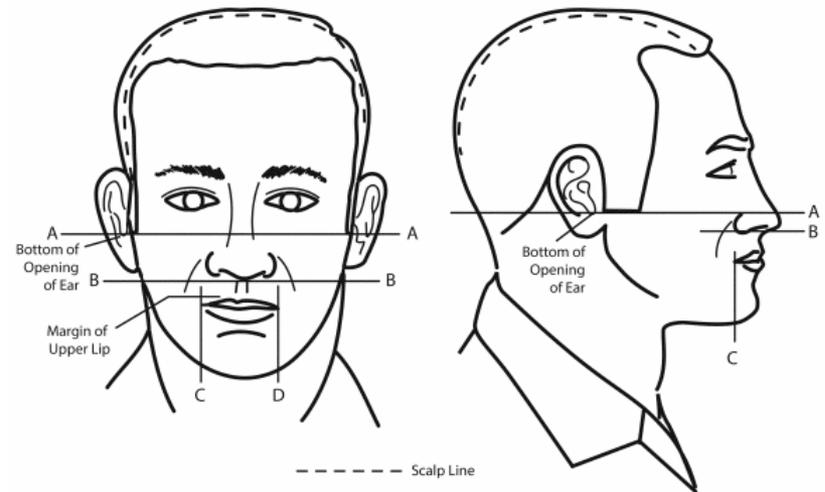




# Men's Hair

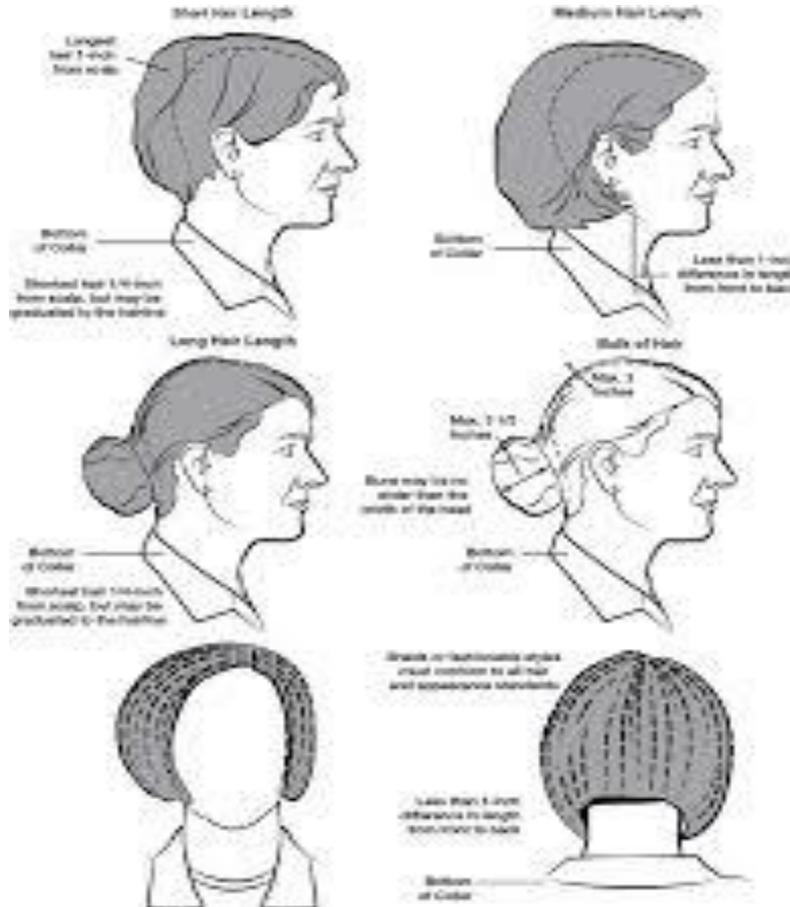


- **Men's mustache:**
  - **Trimmed, tapered and tidy**
  - **Not cover the upper lip or beyond corner of the mouth**
  - **No goatees or beards, unless approved by medical authority**
  - **If medical, not exceed 1/4 inch**





# Women's Hair



## • Authorized:

- **Wigs or hairpieces must be natural color and conform to appearance standards.**
- **Holding devices (barrettes, pins, etc.) must be unadorned and same as hair color**
- **No beads, bows, or ornamental item**



# Unauthorized Women's Hair



- ❑ Hair not properly secured



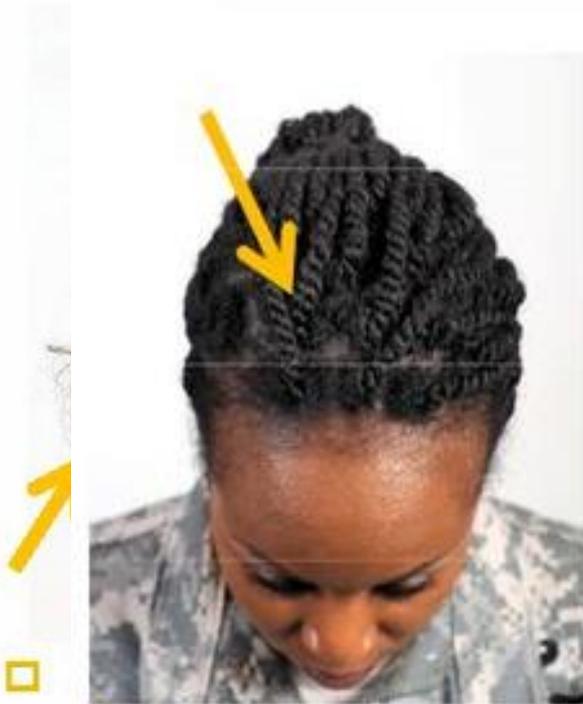
- ❑ Unbalanced or lopsided hairstyle



- ❑ Part is not one straight line



# Unauthorized Women's Hair



- Twists are not authorized



- Multiple braiding (more than 2 braids) must be small (~1/4") in diameter



- Bulk of hair exceeds more than 2" from scalp



# Unauthorized Women's Hair



- More than 1" difference in length from front to back



- Bangs fall below eyebrows



- Scrunchie color is not similar to hair color



# Religious Attire



- **Soldiers are permitted religious headgear and/or facial hair if their faith requires it**
  - **Must submit for an accommodation request**





# Cosmetics



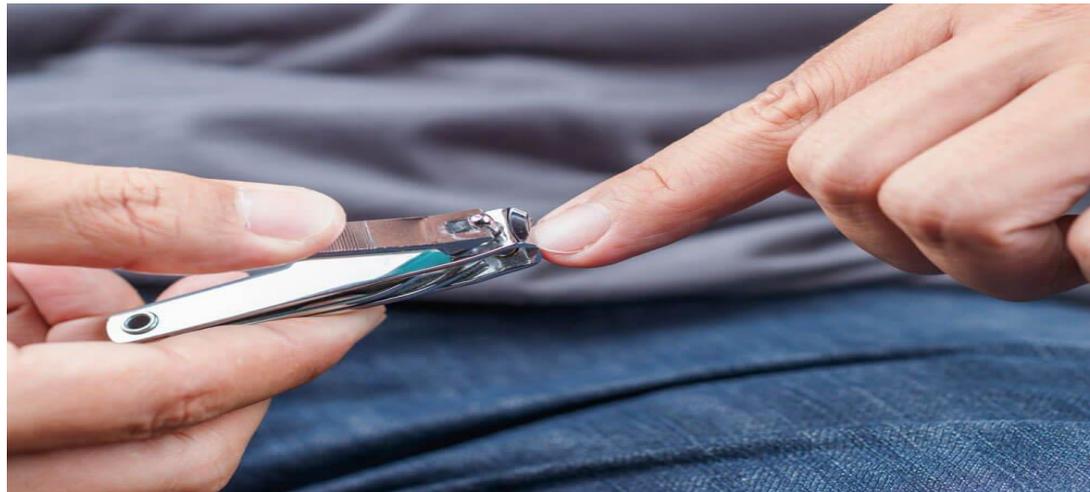
- **Females wear simple cosmetics (as determined by commander)**
- **Color of lipstick and nail polish conservative and natural color**
- **No multi-colors or designs on nails**
- **No lipstick or nail polish for males**



# Fingernails & Hygiene



- **Fingernails clean and trimmed**
- **Male keep nails trimmed so not beyond the fingertip**
- **Females not exceed a nail length of 1/4 inch from the tip of the finger**
- **Good hygiene & grooming on daily basis**





# Body Piercing and Tattoos



- **No attaching objects or jewelry to or through skin**
- **Female soldiers may wear pierced earrings**
- **No tattoos on areas of the body exposed while in Class A uniform**
- **No grossly offensive tattoos on any part of the body**





# Wearing of Jewelry



- **No jewelry, watch chains, pens, etc., will appear exposed on uniforms.**
- **Wristwatch or a wrist ID bracelet (e.g., MIA/POW) is allowed, one item per wrist**



- **No more than two conservative rings**
- **Allowed: tie tack or tie clasp and a pen on food service, CVC, and flight uniform**



# Wearing of Jewelry



- **Females allowed earrings with service, dress and mess uniform**
- **Not to exceed ¼ inch spherical; gold, silver, white pearl, or diamond**
- **Fit snugly against the ear**
- **Matched pair, one per earlobe**

• **Not acceptable →**





# Wearing of Jewelry



- **Males not authorized to wear any type of earring when in uniform or when on duty.**
- **Fad devices, vogue medallions, personal talismans, or amulets are not authorized for wear when in uniform or on duty**



# Wearing of Glasses



- **Conservative eye-glasses are authorized**
- **Sunglasses are authorized for wear except when in formation and while indoors.**
- **Not be worn with protective masks**
- **Clear or natural color contact lenses are authorized, both must be same color**





# **Section II: Uniform Regulations**



# Authorized Uniforms





# Authorized Uniforms





# Authorized Uniforms



- **Class C Uniform**
  - **Woodland ACU**
  - **Patrol cap (Woodland pattern) with non-subdued rank insignia for officers and subdued rank insignia for enlisted personnel**
  - **All insignia subdued including rank and branch, except state flag (non-subdued)**





# Authorized Uniforms



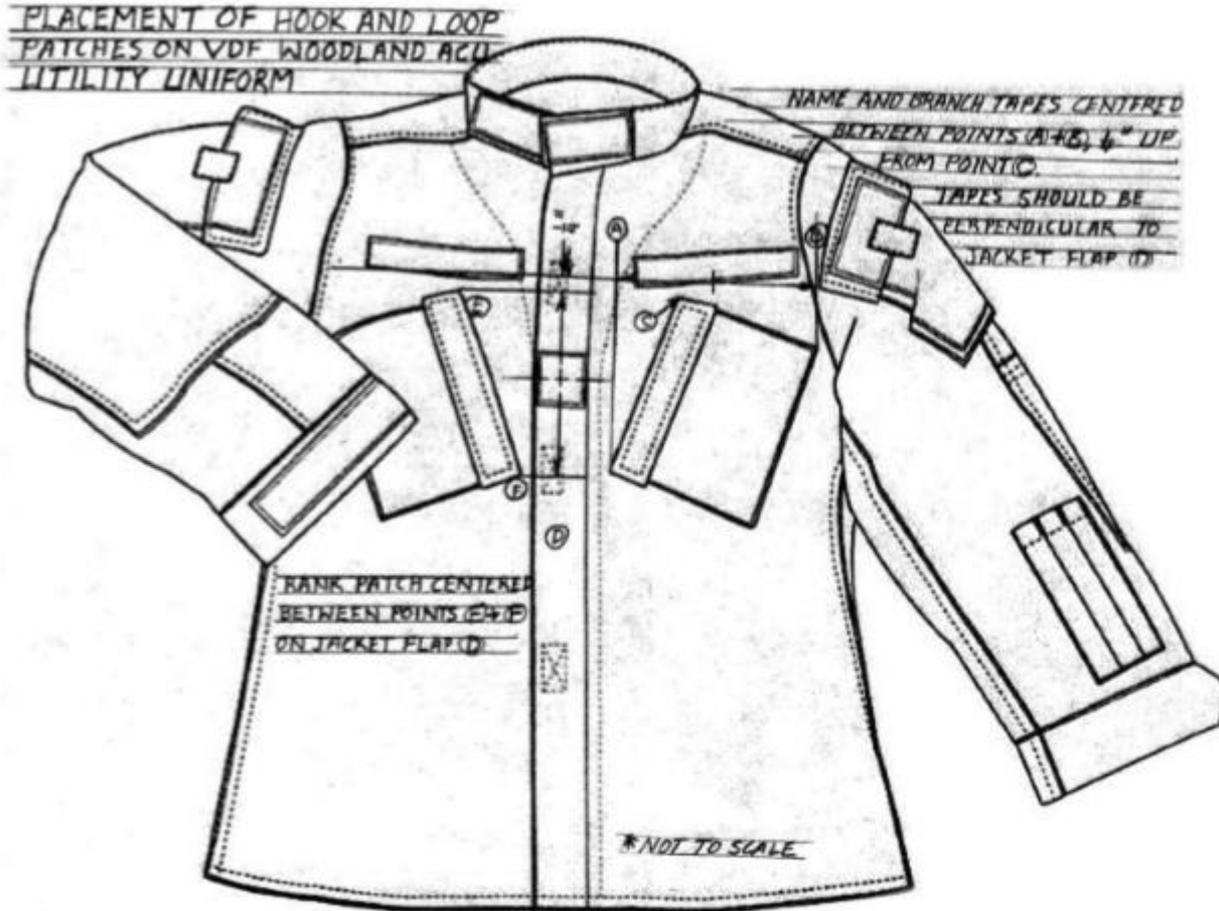
## • **Class C Uniform**

- **Sleeve insignia affixed using Velcro**
- **Name tapes and rank insignia on OD green, affixed using Velcro**
- **Army Brown, Crew neck T-shirt**
- **Socks are green, brown or black**
- **Coyote riggers belt or black web with black buckle and tip**





# Authorized Uniforms





# Authorized Uniforms





# Authorized Uniforms



- **Class C Uniform**
  - **Boots are minimum 8” in height**
  - **Boots are Coyote brown colored roughside out cattle hide with a plain toe and matching rubber outsoles, no zippers**
  - **AR 670-1 compliant with black buckle and tip**





**Questions?**